



Brentford Football Club – Athletic Performance Coach Job Description

Brentford Football Club is a professional football club based in Brentford, in the London Borough of Hounslow, that currently plays in the English Football League Championship. It was founded on 10 October 1889 and plays its home games at Griffin Park, its home stadium since 1904. Planning is underway for a new Brentford Community Stadium around a mile from Griffin Park.

Brentford's most successful spell came during the 1930s, when it achieved consecutive top six finishes in the First Division. Since the Second World War, it has spent most of its time in the third and fourth tiers of English football. Brentford has been FA Cup quarter-finalists on four occasions, and has three times been Football League Trophy runners-up. The Club's aim is to play at the top level of English football in the Premier League.

The Role of Athletic Performance Coach

An exciting new role has arisen within this progressive EFL Championship Club for an experienced performance coach to assist with the athletic development of both the first team and B team players. Reporting to the Head of Athletic Performance, the successful candidate will join a multidisciplinary team of performance staff who collectively manage the physical performance, athletic development, and well-being of our players.

The role will involve working between both the first team and B team squad consisting of three main responsibilities. The successful candidate need to will demonstrate a good level of experience in all areas within elite level sport. Firstly, the successful candidate will assist and lead with first team and B team athletic development sessions respectively. Implementing programmes to maximise player robustness and in turn maximise physical performance.

Secondly, implement and deliver a return to play re-conditioning protocol to both first team and B team players. Employing an objective methodology to ensure players return to team training with the ability to withstand the physical demands of training and matches. Thirdly, utilise the testing and daily monitoring data to create individual profiles of each player in order to inform our individual development programming.

The role requires a flexible and progressive approach, governed by the evolving needs of the club, along with an attention to detail that will see the successful candidate play a key role in developing the performance department and its staff, in keeping with culture and ambitions of the club.

Department: Athletic Performance
Reporting to: Head of Athletic Performance



General Club Accountabilities

- To ensure compliance with all relevant Club policies, including health and safety policies
- To ensure compliance with all relevant legal, regulatory, ethical and social requirements
- To build and maintain good working relationships both internally and externally, maintaining a professional image at all times when representing Brentford Football Club
- To keep confidential any information gained regarding the Club and its personnel
- To maintain a flexible approach to work at all times

Key Internal Relationships

- Head of Athletic Performance
- Athletic Performance Team
- First Team Players
- First Team Coaches
- B Team Players
- B Team Coaches

Person Specification - Essential Personal Characteristics:

- Postgraduate Qualification in Strength and Conditioning or equivalent
- Minimum 4 years of experience within professional sport
- Own Transport and Clean Driving License

Person Specification - Desirable Characteristics:

- EXOS performance specialist accreditation
- UKSCA accreditation or demonstration of working toward
- Enhanced DBS (can be performed within probationary period if required)

Location

The role will be located at The Training Ground, Brentford.

Salary

Competitive- to be discussed during the interview

Contact

Applications in writing including CV and covering letter should be emailed to: Mrs Lisa Skelhorn at lisaskelhorn@brentfordfc.com

Initial interviews will commence during W/C: 19/12/18

Please note: Only those selected for interview will be contacted.